



**INTERNATIONAL CONFERENCE ON  
'EVIDENCE BASED AYURVEDA- THE NEED OF THE TIME'  
ANVESHANA- 2019**

**JIWAJI UNIVERSITY, GWALIOR, INDIA**

Health Centre & Centre for Translational Research

In Association With



**GLOBAL**  
Ayurveda Conferences, LLC



**20<sup>th</sup> -22<sup>nd</sup> December 2019**

**PRE-CONFERENCE WORKSHOPS**

Panchakarma, Agnikarma, Ksharakarma, Uttarvasti

**19<sup>th</sup> December 2019**



Venue :-  
**JIWAJI UNIVERSITY**  
Gwalior [M.P.]



**Prof. GBKS Prasad (9229197619)**  
E-mail : [ayuranveshanajiwaji2019@gmail.com](mailto:ayuranveshanajiwaji2019@gmail.com)

## ***About Jiwaji University***

Jiwaji University, Gwalior came into existence on May 23rd, 1964, through M.P. Govt. Ordinance No. 15 of 1963. Late Dr. Sarvapalli Radhakrishnan, the then President of India, laid the foundation stone on 11th December 1964 at a sprawling campus of over 225 acres of land at Naulakha Parade Ground. This was a generous contribution of Respectable Scindia family, in particular Kailashwasi Maharaja Shrimant Jiwaji Rao Scindia and Respectable late Rajmata Shrimati Vijayaraje Scindia. The institution was christened after the name of Kailashwasi Shrimant Jiwaji Rao Scindia as a standing memorial to his persona. The motto of the university is embedded in its logo “*Vidyaya Prapyate Tejah*”

## ***Vision***

Our ability to enhance the well-being of the people by educating, creating knowledge and serving the society by putting the knowledge to work with excellence. To advance the professional competence of youth and inculcate in them the urge to recognize challenges as opportunities.

## ***Mission***

Jiwaji University aims to lead the nation in research and education. We seek to do this in ways which benefit society on a national and a global scale .University strives to create knowledge, to open the minds of students to that knowledge, and to enable students to take best advantage of their educational opportunities. Jiwaji University embodies the spirit of excellence in teaching and research. Value creation through economic, social, and environmental development targeted to an increasingly global and multicultural world.

## **Preamble**

Ayurveda is one of the most ancient systems of health care in the world and is used in the prevention, and treatment of physical and mental illnesses. Ayurveda is based on 5000 years of medical practice and experience. Observational theories proved by trial and error experimentation form the genesis and basis of Ayurveda. Ayurveda is *Prakriti based*, wholistic in approach with emphasis on health promotion, disease prevention, early diagnosis and offers person based treatment. The modern pharmacogenomics reemphasizes and endorses this person-centered medicine.

Thus Ayurveda offers uniquely patient-oriented medicine which provides maximum therapeutic efficacy and high safety to a particular person with a particular disorder, under specified conditions depending on individual *prakruti* constitution. The recent development in ‘systems biology’ research is acknowledging holistic concept(s) in therapeutic approach being advocated by Ayurveda since long.

The Ayurveda encompassing ‘Panchakarma’ & ‘Yoga’ provides effective health care solutions to several chronic metabolic diseases for which no curative therapies are provided in Western system of medicine. However, the documentation of evidences to support various therapeutic claims is very crucial. Mere reference to classical texts is not sufficient as scientific evidence. There is a dire need for scientific experimentation of Ayurvedic concepts and therapies employing tools of modern systems of medicine.

Heritage pride and past glory-based emotional attitudes as reflected by complacency, defensive and dogmatic attitude among senior Ayurvedic practitioners, is one of the reasons for slow progression in evidence-based scientific studies in Ayurveda. There should be a continuous quest for insertion of new knowledge through research and development. With the development of modern technology, it has become possible to determine the pharmacodynamics, pharmacokinetics and mechanisms of action of many

herbal based Ayurveda formulations. A pioneering study showed significant correlation between HLA alleles and Ayurvedic *Prakriti* type suggesting possible variations in drug metabolism rates in persons with different *Prakriti*.

Thus, Ayurveda needs to be experimented with help of current technologies available in biomedical science. Embracing modernity by Ayurvedic community will not distort basic concepts of Ayurveda. Adoption of modern tools for diagnosis and for monitoring therapeutic efficacies of Ayurvedic formulations does not deter any physician from maintaining heritage identity. A well-designed rigorous scientific research on medicines and therapeutic practices of Ayurveda is necessary and forms the theme of this global symposium.

### ***Areas of focus***

1. Scientific verification of '*Prakriti*'
2. Scientific validation of Ayurvedic therapies
3. Role of Pachakarma, Yoga and Naturopathy in health care
4. Reproductive Health & Child Care
5. Good manufacturing practices, quality control and pharmaceutical technologies for Ayurvedic medicine
6. Tools of modern medicine - role in Ayurvedic practices
7. Western & Eastern systems of medicine – Variations, conjunctions & integration
8. Nanotechnology in Ayurvedic therapies
9. Pharmacovigilance
10. Ayurvedic Nutrition

## ***Panel discussion:***

There shall be a panel discussion on various themes of the Conference and it will be chaired by Secretary/Advisor of Ministry of AYUSH, New Delhi

### **Note:**

- **Quiz Competitions for students, Young doctors/physicians awards**
- **Selected Abstracts with full papers will be published as Special Issue.**

For further info please visit our websites:

<https://www.globalayurvedaconferences.com>

<https://www.jiwaji.edu>

# **AWARDS FOR YOUNG DOCTORS/Ph.D/PG/UG STUDENTS**

## **I. Young Scientist awards (Oral presentations-Theme based)**

- Open to young faculty, PhD and PG students
- Age limit: 40 yrs

## **II. Oral presentation awards**

- Open to PhD & PG students
- Age limit: 35 yrs

## **III. Poster presentation awards**

- Open to PG & UG students (Awards in both the categories)
- Age limit: 30 yrs

## **IV. Quiz (Subject and Theme based)**

- Open to PG & UG students (Awards in both the categories)
- Age limit: 30 yrs

- Note:**
1. There shall be 3 awards (1<sup>st</sup>, 2<sup>nd</sup>, 3<sup>rd</sup>) in each of the categories
  2. Those intend to participate in the competitions are to register separately by paying additional registration fee of **Rs. 500/-** (for each category)
  3. The train fare (limited to 3<sup>rd</sup> class AC) of first three toppers in each of the categories will be reimbursed by the Organizers.

## ***Scientific Sessions***

The Scientific sessions would consist of plenary talks, Invited lectures, oral and poster presentations.

### ***Abstract***

Abstracts for presentation are invited from October 20th, 2019 to November 30th, 2019, and the same should be sent to

[ayuranveshanajiwaji2019@gmail.com](mailto:ayuranveshanajiwaji2019@gmail.com)

- The abstract should contain title of the presentation, authors and institutional affiliation and email id for correspondence.
- The abstract should be structured (Introduction, Methods, Results, Conclusion, and Acknowledgement).
- The abstract should not exceed 400 words and should be in Times Roman font size 12. If it is in Hindi use “Unicode font” size 12.
- The name of presenting author should be underlined, Authors: Indicate corresponding author with asterisk (\*)
- The work should be original and must not be published or presented at any other meeting.
- Please mention the mode of presentation (oral/poster) on top of abstract.
- Authors selected for oral and poster presentation will be informed. Notification and instructions will be sent to the author's e-mail address provided at the time of abstract submission.
- All submissions shall go through a peer review process by a pre-selected abstract review committee.
- All abstracts will be screened for plagiarism using appropriate Software.

**Registration is mandatory for participation**

**A scanned copy of duly filled registration form with transaction details is to be appended with abstracts for Oral presentation and Posters.**

**Poster** : Recommended Poster Size: 3ft (width) X 4 ft (length), poster should be readable from 5 fts.

### ***Panel discussion***

There would be a panel discussion on issues plaguing Ayurvedic medicine and practice at the end of scientific sessions. The panelists would comprise of distinguished academicians and policy decision makers.

### ***Plenary lectures and Invited talks (confirmed till this date)***

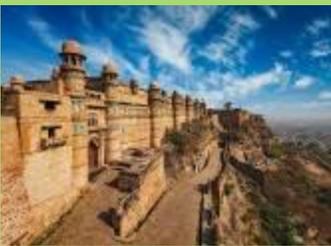
1. Dr. V.M. Katoch, Former Secretary, Ministry of Health & Family Welfare, New Delhi
2. Prof. Dr. Abhimanyu Kumar, Vice Chancellor, DSRRAU, Jodhpur
3. Dr. Manoj Nesari, Advisor, Ministry of AYUSH
4. Dr. D.C. Katoch, Advisor, Ministry of AYUSH
5. Dr. Jayant Deo Pujari, President, CCIM. New Delhi
6. Dr. Mohd. Aslam, Advisor, DBT
7. Vaidya Prof. Dr. K.S. Dhiman, Director General, CCRAS
8. Prof. Dr. Rakesh Kumar Sharma, Vice Chancellor, Graphic Era University, Dehradun
9. Dr. Anup Thakar, Director, IPGTRA, Jamnagar
10. Dr. Tanuja Nesari, Director, AIIA, New Delhi
11. Dr. S.K Sharma, FASSAI, New Delhi
12. Dr. C.K Katiyar, Kolkata
13. Prof. M.S Baghel, Ex. VC, GAU, Jamnagar
14. Dr. Sanjeev Sharma, Director, NIA, Jaipur

15. Dr. Sujata Kadam, AIIA, New Delhi
16. Dr. Shekhar Annambotla, Pennsylvania, USA
17. Dr. Bharthi Kumaramangalam, NIA, Jaipur
18. Dr. Jeffrey S. Meyers, M.D., Delaware, USA
19. Dr. Nitin Shah, Toronto, Canada
20. Prof. B.C Harinath, Ex. Director, JBTDRC, Sevagram
21. Dr. Florin Bebesel, MD, Romania
22. Dr. G.S. Badesha, Raipur
23. Prof. Anil Kumar Tripathy, Dehradun
24. Prof. A.K Attri, Chandigarh
25. Dr. S. Deshmukh, Pune
26. Dr. Venkata N Joshi, United Kingdom
27. Dr. Suresh Swarnapuri, Ireland
28. Dr Deepika Gunawant, London, United Kingdom
29. Dr. Ram Adhar Yadav, Executive Director, NATRC, Kathmandu, Nepal
30. CEOs' of all major Ayurvedic Industries  
(Emami, Dabur, Himalaya, AIMIL, Baidyanath, Jiva etc)

**Many other International speakers will be participating and interacting through Video conference.**

## ***Places of Tourist Significance in and around Gwalior***

Gwalior had been historically rich princely State. Gwalior was ruled by the Mughals for the longest time and then the Marathas. It is a major city in the central Indian state of Madhya Pradesh. There are several tourist spots in and around Gwalior.



**Gwalior Fort:** One of the major tourist focuses in Gwalior is 'Fort' which is an epitome of Gwalior dynasties. The city and its fortress have been ruled by several historic northern Indian kingdoms. The **Man Singh Palace** is one of the most amazing palaces of the

Gwalior fort. It was built by Raja Man Singh Tomar, the King of Gwalior between 1486 and 1516 AD. It was in the same palace the Mughal emperor Aurangzeb imprisoned and later murdered his brother Murad. Then there is gruesome Jauhar Kund, where the women of the harem burnt themselves to death after the defeat of the king of Gwalior in 1232. Other significant palaces within the Gwalior Fort include the Karan Palace, the Jahangir Mahal, the Shah Jahan Mahal and the Gujri Mahal (built by Man Singh for his favorite queen, Mrignayani).

**Chaturbuj Temple** at Gwalior Fort claims the world's **very first occurrence of zero** as a written number. By the 15th century, the city had a noted singing school which was attended by Tansen.



**Statue of Lakshmibai:** Lakshmibai's role in fight against colonial British rule is remembered to this day by Indian nationalists. She died fighting and there is a statue of Lakshmibai on her horse which commemorates her contribution to the fight for independence.



**Jai Vilas Palace:** The Jai Vilas Palace is a nineteenth century palace in Gwalior, established in 1874 by Maharajadhiraj Shrimant Jayatirao Sciendia the Maharaja of Gwalior, and

is still the residence of his descendants the former royal Maratha Scindia dynasty. It is a fine example of hybrid of European and Hindu architecture, designed and built by Sir Michael Filose.

**Art and Music:** Gwalior holds a major and a special position in the Indian classical music, art and literature. Gwalior is a well acknowledged place of art, associated with historic as well as contemporary evidence. Raja Man Singh Tomar, the King of Gwalior between 1486 and 1516 AD, was a patron of Drupad. Dhrupad is a vocal genre in Hindustani classical music, said to be the oldest still-in-use in that musical tradition.

**Tomb of Tansen:** Gwalior holds a major position in the Indian classical music, with being the birthplace of the oldest Hindustani sangeet gharana - Gwalior Gharana. The Gwalior Gharana is not only the oldest Khyal Gharana but it is also one of the most prominent gharana being the one to which most classical Indian musicians can trace the origin of their style. The rise of the Gwalior



Gharana started with the reign of the great Mughal emperor Akbar (1542–1605). Akbar's favorite singer was Tansen, who came from the village Behat 10 km from Gwalior and whose ashes were buried in Gwalior after his death. The Tansen Tomb in Gwalior was constructed in his remembrance.

**Tansen Music Festival:** The Tansen Sangeet Samaroh, started in the 1930s, is celebrated every year on the Tansen Tomb in Gwalior during the month of December. Tansen Samaroh is a platform where artists from all over India gather and participate to deliver vocal and instrumental performances.



**Sarod Ghar:** Sarod Ghar is an institution devoted to promoting Indian classical music, heritage and culture. This Museum of Music has been set up in the old ancestral house of musician Hafiz Ali Khan. It houses ancient instruments of the Indian masters of the past. Through this 'window' to the past, music lovers can gain a better understanding of the evolution and history of Indian classical music.



**Sun Temple:** The Sun Temple "*Vivsvaan mandir*" is dedicated to the sun god Surya. Designed as a facsimile of the Sun temple of Konark in Odisha, the temple was sponsored and built in the 1980s by the Birla family.

**The National Chambal Wild Life Sanctuary:** Chambal is a popular tourist destination that is located at the confluence of three Indian states, Madhya Pradesh, Uttar Pradesh and Rajasthan. The Chambal River supports some rare, endemic species of biodiversity, notably the gharial – a long-snouted, fish-eating crocodile, and the mugger crocodile, the Gangetic river dolphin, as also several species of turtles and water birds.

**Bateshwar Temples:** Bateshwar temple complex is home to a number of Naga sadhus who have carved out little caves and temples within the mud walls. The temple complex is made up of 200 temples and is situated deep in

the rocky cliffs of Chambal. This temple is located on the banks of Yamuna River. Just a few kilometres from the Bateshwar Temple, River Yamuna meets the River Chambal and the confluence is a superb sight for bird watching. The beauty of the place and the temples draws tourists from all over the world.

**Ravines of Chambal:** Chambal ravines are very quaint spots that are now home to diverse wildlife. This place is not to be missed by animal lovers as exploring the ravines on a camel safari gives an unparalleled experience.

### ***Nearby Destinations***



**Agra:** Very popular tourist destination that is located at a distance of 7 Km from Chambal and 150 kilometers from Gwalior. Tourists visit this place to admire the Taj Mahal, a Mughal monument that finds place in the Seven Wonders of the World. The architecture and design of this charismatic monument is simply outstanding.

**Bharatpur:** It is located at 173 kilometers from Gwalior. The place is well known for the Keoladeo Ghana Bird Sanctuary that is popularly called as the Bharatpur Bird Sanctuary. It is a very famous bird watching destination in India that is a haven for bird lovers.

**Climate:** Winter in Gwalior starts in late October, and is generally very mild with daily temperatures averaging in the 14–16 °C range, and mostly dry and sunny conditions. December and January are colder months with average lows in the 3.0 °C – 10 °C and occasional cold snaps that plummet temperatures down.

## **Patrons**



**Dr Rajesh Kotecha**



**Prof Sangeeta Shukla**

## **Eminent Speakers**

### **National Speakers**



**Dr V M Katoch**



**Dr Abhimanyu kumar**



**Dr Manoj Nesari**



**Dr.D.C.Katoch**



**Prof.Mohd.Aslam**



**Dr.Jayant Deo Pujari**



**Dr K S Dhiman**



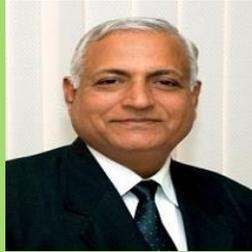
**Prof .R.K.Sharma**



Prof. Anoop Thakar



Dr Tanuja Nesari



Dr.S K Sharma



Prof. M.S.Baghel



Prof. Sanjeev Sharma



Prof Sujata Kadam



Prof. Bharthi. K



Dr.G.S.Badesha



Prof B.C.Harinath



Prof A.K Tripathy



Prof.A.K.Attri

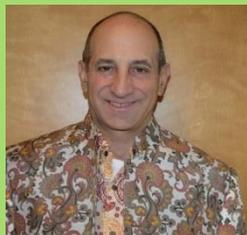


Dr.S.Deshmukha

## International Speakers



Dr. Shekhar Anambhotala



Dr. Jeffery s Meyers



Dr Suresh Swarnapuri



Dr. Florin Bebesel



Dr V N Joshi



Dr Nitin Shah



Dr. Ramadhar Yadav



Dr. Deepika Gunawat

### **CEO's Of Major Ayurvedic Companies**



Dr. Anil Sharma



Dr. Sanchit Sharma



Dr Pratap Chauhan



Dr J L N Shastry



Dr. C.K. Katiyar

### ***Important Dates***

Submission of Abstracts	20 <sup>th</sup> Nov. 2019
Acceptance letters	21 <sup>st</sup> Nov. 2019
Registration for Conference And Preconference workshops	25 <sup>th</sup> Nov. 2019

## **Registration Fee**

<b>Category</b>	<b>Before 25th Nov. 2019</b>	<b>After 25<sup>th</sup> Nov. 2019</b>
Undergraduates & Interns	Rs. 2500	Rs. 3000
Postgraduates	Rs. 3500	Rs. 4000
Academicians / Ph.D. Scholars / Practitioners	Rs. 4000	Rs. 4500
Overseas Delegates	US\$ 100	US\$ 125
<b>Note: Additional fee of Rs. 500/- for participation in Competitions</b>		

**Registration Fee / advertisement tariff can be transferred online through NEFT/RTGS/ IMPS/ Bhim UPI on the given details**

**Name of the Account “ANVESHANA – 2019”**

**A/c No. 3780683053**

**Central Bank of India (Jiwaji University Branch)**

**Branch code -3189**

**IFSC code -CBIN0283189**

**Gwalior-474011**

## ***Pre-Conference Workshops***

<b>Workshop Title</b>	<b>Seats*</b>	<b>Before 25th Nov. 2019</b>	<b>After 25<sup>th</sup> Nov. 2019</b>
Panchakarma	25	Rs. 1500	Rs. 2000
Agnikarma	25	Rs. 1500	Rs. 2000
Uttarvasti/Ksharkarma	25	Rs. 2000	Rs. 2500

- **First cum first serve basis**
- **One candidate can register for any two workshops if desired**

**Registration is mandatory for participation**

**A scanned copy of duly filled registration form with transaction details is to be appended with abstracts for Oral presentation and Posters.**

**REGISTRATION FORM FORMAT**  
**JIWAJI UNIVERSITY GWALIOR INDIA MP**  
**EVIDENCED BASED AYURVEDA ;THE NEED OF TIME**  
**ANVESHANA 2019**

Full Name : .....

Designation : .....

Institute /Hospital :.....

Address For Correspondence .....

Contact No..... Mobile No .....

E.Mail :.....

Pre Conference Workshop Yes /No ( Can opt for any two workshop )

- Panchkarma
- Agnikarma
- Ksharkarma/Uttarbasti

Title Of The Paper: .....

Preferred Mode Of Presentation:      Invited talk      Oral      Poster

Accommodation( If Needed) : Hotel ....., Institute Guest house .....

Mode Of Payment Online : Transaction Reference No.....

Bank name : Central Bank Of India      Branch JU Branch( code 3189 )

A/c name: Anveshana 2019 , Account no. 3780683053, IFSC : CBIN0203189

Signature and date

## **Souvenir Advertisement Tariff**

1. Name of the Organization
2. Address with e-mail id
3. Contact person with phone number

<b>Particulars</b>	<b>Print area size</b>	<b>Tariff ₹</b>
Back cover (Color)	,25.5 cm x 19 cm	1,00,000*
Inside front & Back cover	25.5 cm x 19 cm	75, 000*
<b>Inner pages</b>		
Full page - Color	25.5 cm x 19 cm	60, 000*
Full page – B & W	25.5 cm x 19 cm	50, 000*
Half page – color	12 x 19 cm	35, 000
Half page – B & W	12 x 19 cm	30, 000
Quarter page – Color	6 x 19 cm	25, 000
Quarter page – B & W	6 x 19 cm	20, 000

\* The advertisement tariff includes one stall (10 x 15 ft) for display of products if desired

Stall Booking without advt. in Souvenir for display of products:

10 x 15 ft ₹. 25,000

Note: Advertisement material in the form of JPGE/CDR/ TTF/ PDF format should sent as attachment to: [ayuranveshanajiwaji2019@gmail.com](mailto:ayuranveshanajiwaji2019@gmail.com)

## ***Organizing Committee***

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Hon'ble Vice Chancellor

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Dr. Shekhar Annambotla (International) (+1 4843476110) USA

### ***Organizing Secretary***

Prof. GBKS Prasad (9229197619)

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Dr. Ramesh Waygaonkar (9425340046)  
Dr. K.K Gupta (7879027750)

### ***Co-Organizing Secretaries***

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Dr. Om Prakash, Asst. Director  
RARIDD, Gwalior  
Dr. Manoj Shyamkunwar Tibbia College Delhi  
Dr. Sujata Rajan Tibbia College Delhi

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Sharma (7999023749)  
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Dr Anuruddha Gupta  
(883903104)

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Vice Chancellor, BU, Bhopal

**Prof. Renu Jain**  
Vice Chancellor, DAV, Indore

**Prof. S.K Rao,**  
Vice Chancellor, *Rajmata* Vijayaraje Scindia Krishi Vishwavidyalaya, *Gwalior*

**Prof Dilip Kumar Dureha**  
Vice Chancellor, Lakshmbai National Institute for Physical Education (Deemed To  
be University)

**Dr. D.K Dubey,**  
Director, Defense Reasearch Development Establishment, Gwalior